





## The Link Between Oral & Overall Health for Seniors

Regular dental visits are important to keeping your smile healthy, but did you know that more than **120 signs and symptoms** of non-dental disease can be detected in a routine oral exam?



People with severe gum disease have 4.3 times higher risk for **cerebral ischemia** stroke.



Gum disease and heart disease have similar underlying causes, including the buildup of dental plaque over time.



Medications can affect your oral health. A common side effect is **dry mouth**, which increases tooth decay risk.

Learn more and enroll in a New Hanover Health Advantage Plan today by visiting www.firstcarolinacare.com/NHHA or call (855) 291-9336.

Visit www.providers4you.com/NorthcarolinaMedicareAdvantage to find a Medicare Advantage network provider.

FirstCarolinaCare Insurance Company's plans are HMO and PPO plans with a Medicare contract. Enrollment in a FirstCarolinaCare Insurance Company plan depends on contract renewal.

| △ DELTA DENTAL® |
|-----------------|
| DELTA DENTAL    |



| Annual Dental<br>Benefit: \$3,000<br>(Applies to all |
|--|
| V 1-1-   |
| covered services                                     |
| in-network and                                       |
| out-of-network)                                      |
|  |

Select Plan

**Annual Dental** Benefit: \$3,000

Platinum Plan

**Annual Dental** Benefit: \$3.000

Freedom Plan

| Visit www.providers4you.com/Northcarolina<br>MedicareAdvantage to find a Medicare<br>Advantage network provider. | Benefit: \$3,000<br>(Applies to all<br>covered services<br>in-network and<br>out-of-network) | Benefit: \$3,000<br>(Applies to all<br>covered services<br>in-network and<br>out-of-network) | Benefit: \$3,000<br>(Applies to all<br>covered services<br>in-network and<br>out-of-network) |
|--|--|--|--|
|  | Preventive:  |  |  |
| Exam & cleaning  | Covered at 100%  | Covered at 100%  | Covered at 100%  |
| Bitewing Radiographs   | Covered at 100%  | Covered at 100%  | Covered at 100%  |
|  | Diagnostic:  |  |  |
| Emergency Palliative Treatment - to relieve pain   | \$35 Copay, then<br>30% Coinsurance  | \$35 Copay, then<br>30% Coinsurance  | \$35 Copay, then<br>30% Coinsurance  |
| Radiographs - full mouth series, periapical or panoramic X-ray, payable once every 5 years                       | \$35 Copay, then<br>30% Coinsurance  | \$35 Copay, then 30% Coinsurance   | \$35 Copay, then 30% Coinsurance   |
| Со   | mprehensive Services:  |  |  |
| Fillings - amalgam & resin based composite fillings only   | \$35 Copay, then 30% Coinsurance   | \$35 Copay, then 30% Coinsurance   | \$35 Copay, then<br>30% Coinsurance  |
| Endodontics - root canals  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then 50% Coinsurance   | \$35 Copay, then<br>50% Coinsurance  |
| Periodontics Services - to treat gum disease   | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  |
| Oral Surgery - extractions and dental surgery  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  |
| Crown or Partial Crown Services<br>(inlay and onlay), Crown repair   | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  |
| Implants   | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  |
| Surgical drainage of an abscess tooth  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then 50% Coinsurance   | \$35 Copay, then<br>50% Coinsurance  |
|  | Dentures   |  | ı  |
| Complete Upper Denture   | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  |
| Complete Lower Denture   | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  |
| Upper Partial Denture  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  |
| Lower Partial Denture  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  |
| Denture Adjustment, Repair or Reline - for upper and lower   | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then 50% Coinsurance   | \$35 Copay, then<br>50% Coinsurance  |
|  | Anesthesia   |  |  |
| Evaluation for sedation or generation anesthesia   | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  |
| Deep Sedation/General Anesthesia   | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then<br>50% Coinsurance  |
| IV Sedation  | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then 50% Coinsurance   | \$35 Copay, then<br>50% Coinsurance  |
|  | Occlusal Guard   |  |  |
| Adjustment of Occlusal Guard   | \$35 Copay, then<br>50% Coinsurance  | \$35 Copay, then 50% Coinsurance   | \$35 Copay, then<br>50% Coinsurance  |
|  | ¢7E Coppy than   | CZE Canay than   | \$75 Coppy than  |

\$35 Copay, then

50% Coinsurance

Full-Arch Hard Occlusal Guard - top or bottom

\$35 Copay, then

50% Coinsurance

\$35 Copay, then

50% Coinsurance